

# Caregiver Support Group Schedule October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3  2:00pm Apart not Alone	4 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class	5 10:00am Grief Support Group 12:00pm Savvy Support Group 2:30pm Early Stage Support Group	6  2:00pm General Support Group	7  10:00am General Support Group
10 9:00am Support Group at Dr. Piper Center 11:00am Lehigh Support Group 2:00pm Apart not Alone	11 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class	12 10:00am Support Group for Men 12:00pm Savvy Support Group	13 9:00am Pine Island Support Group 10:00am FTD Support Group 10:30am Grace Church Support Group 2:00pm Dealing with Dementia	14  10:00am General Support Group
17 9:30am General Support Group at St. Columbkille 2:00pm Apart not Alone	18 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class	19 12:00pm Savvy Support Group 2:30pm Early Stage Support Group	20 10:30am FTD Support Group 2:00pm General Support Group 2:00pm Dealing with Dementia	21  10:00am General Support Group 2:00pm Memory Catchers
24 10:30am General Support Group Bonita 2:00pm Apart not Alone	25 10:00am Memory Cafe Sanibel 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class	26 10:00am Support Group for Men 11:00am FM Presb. Housing Support Group 12:00pm Savvy Support Group	27 9:00am Pine Island Support Group 10:00am Memory Cafe	28  10:00am General Support Group
31  2:00pm Apart not Alone				

In person events are indicated in light blue.

Savvy Support Group: Support group for those who have completed the SAVVY training course.

Grief Support Group: a group for caregivers that have recently lost their loved ones.

Memory Catchers: an engaging social activity held for those living with advanced stages of a dementia-related illness, while caregivers meet separately for their own support group meeting. RSVP required.

General Support Group: a support group open for all caregivers

Apart not Alone: a support group for caregivers with a loved one placed in a memory care facility

Early Stage Support Group: a support group for those recently diagnosed with a Dementia-related illness, as well as their caregivers. This group allows for a safe, stigma-free space for those living with Dementia to discuss their journey. Caregivers will meet separately for additional support.

Men's Support Group: a support group for male caregivers led by men

For Zoom links, please visit our website <https://dubincenter.com/support-groups>

# Locations for community in-person support groups

## **Lehigh Acres Community Services**

201 Plaza Dr Suite 103

Lehigh Acres, FL 33936

link to Google Maps:

<https://goo.gl/maps/EG4McYXAcfrdpb3b7>

## **Grace Church Cape Coral**

13 SE 21st Pl

Cape Coral, FL 33990

link to Google Maps:

<https://goo.gl/maps/qxBNxDLmVkgYmSy8>

## **Fort Myers Presbyterian Housing Community**

1925 Virginia Ave

Fort Myers, FL 33901

link to Google Maps:

<https://goo.gl/maps/GPJwBSi8f8H75uNs8>

## **Pine Island United Methodist Church**

5701 Pine Island Rd

Bokeelia, FL 33992

link to Google Maps:

<https://goo.gl/maps/JtxQWBBhyLBge4KA8>

## **Hope Lutheran Church**

25999 Old 41 Rd

Bonita Springs, FL 34135

link to Google Maps:

<https://goo.gl/maps/TwxtEHJ2W8QDQzDU9>

## **St. Columbkille Catholic Church**

12171 Iona Rd

Fort Myers, FL 33908

link to Google Maps:

<https://goo.gl/maps/AuxktXZev8ExMcTm7>

## **Dr. Piper Center**

2607 Dr Ella Piper Way

Fort Myers, FL 33916

link to Google Maps:

<https://g.page/DrPiperCenter?share>