

Caregiver Support Group Schedule

November 2022

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| | 1 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class | 2 10:00am Grief Support Group 12:00pm Savvy Support Group 2:30pm Early Stage Support Group | 3 2:00pm General Support Group 3:00-7:00pm Art Open House | 4 10:00am General Support Group |
| 7 2:00pm Apart not Alone | 8 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class | 9 10:00am Support Group for Men 12:00pm Savvy Support Group | 10 9:30am Grace Church Support Group 10:00am FTD Support Group 2:00pm Dealing with Dementia | 11 10:00am General Support Group |
| 14 9:00am Support Group at Dr. Piper Center 11:00am Lehigh Support Group 2:00pm Apart not Alone | 15 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class | 16 12:00pm Savvy Support Group 2:30pm Early Stage Support Group | 17 10:00am Memory Cafe 10:30am FTD Support Group 2:00pm General Support Group 2:00pm Dealing with Dementia | 18 10:00am General Support Group 2:00pm Memory Catchers |
| 21 9:30am General Support Group at St. Columbkille 2:00pm Apart not Alone | 22 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class | 23 10:00am Support Group for Men 11:00am FM Presb. Housing Support Group 12:00pm Savvy Support Group | 24 Dubin Center Closed | 25 Dubin Center Closed |
| 28 10:30am General Support Group Bonita 2:00pm Apart not Alone | 29 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class | 30 12:00pm Savvy Support Group | | |

In person events are indicated in light blue.

Savvy Support Group: Support group for those who have completed the SAVVY training course.

Grief Support Group: a group for caregivers that have recently lost their loved ones.

Memory Catchers: an engaging social activity held for those living with advanced stages of a dementia-related illness, while caregivers meet separately for their own support group meeting. RSVP required.

General Support Group: a support group open for all caregivers

Apart not Alone: a support group for caregivers with a loved one placed in a memory care facility

Early Stage Support Group: a support group for those recently diagnosed with a Dementia-related illness, as well as their caregivers. This group allows for a safe, stigma-free space for those living with Dementia to discuss their journey. Caregivers will meet separately for additional support.

Men's Support Group: a support group for male caregivers led by men

For Zoom links, please visit our website <https://dubincenter.com/support-groups>

Locations for community in-person support groups

Lehigh Acres Community Services

201 Plaza Dr Suite 103

Lehigh Acres, FL 33936

link to Google Maps:

<https://goo.gl/maps/EG4McYXAcrcfdpb3b7>

Grace Church Cape Coral

13 SE 21st Pl

Cape Coral, FL 33990

link to Google Maps:

<https://goo.gl/maps/qxBNxHDLmVkgYmSy8>

Fort Myers Presbyterian Housing Community

1925 Virginia Ave

Fort Myers, FL 33901

link to Google Maps:

<https://goo.gl/maps/GPJwBSi8f8H75uNs8>

Hope Lutheran Church

25999 Old 41 Rd

Bonita Springs, FL 34135

link to Google Maps:

<https://goo.gl/maps/TwxtEHJ2W8QDQzDU9>

St. Columbkille Catholic Church

12171 Iona Rd

Fort Myers, FL 33908

link to Google Maps:

<https://goo.gl/maps/AuxktXZev8ExMcTm7>

Dr. Piper Center

2607 Dr Ella Piper Way

Fort Myers, FL 33916

link to Google Maps:

<https://g.page/DrPiperCenter?share>