



Join us on March 1, 2023 | 8am-4pm

**Location: Florida Gulf Coast University, Cohen Center
11451 FGCU Blvd. South, Fort Myers, FL 33965**

Family care partners, and healthcare professionals are invited to join us for our 9th Annual Symposium! This symposium will provide attendees with valuable education, information about Alzheimer's and other dementia related illnesses, innovations in Alzheimer's caregiving and treatment, as well as inspiration and encouragement for the caregiving journey.

Who should attend: Nurses, nurse practitioners, nursing home administrators, social workers, licensed marriage and family therapists, recreation therapists, activity directors, mental health providers and family caregivers.

Earn Continuing Education Credit: 5.5 CEUs are approved for Florida Board of Nursing, Nursing Home Administrators, Florida Board of Clinical Social Work, Guardian, and Marriage & Family Therapy.

Contact: For questions regarding the conference, contact us at info@dubincenter.com or call 239-437-3007. Space is limited to two hundred attendees.

SCHEDULE AT A GLANCE

Session Time	Session Title and Speaker	CEU /Contact Hours
7:30 AM - 8:00 AM	Registration, breakfast, and networking	
8:00 AM - 8:15AM	Welcome: FGCU President, Provost, or Representative Summary of the Day: Lynne Thorp, Executive Director, The Dubin Center	
8:15AM - 9: 15AM	Session 1: Why Did Alzheimer’s Disease Become a Crisis and What We Can Do About It. Speaker: Jason Karlawish, M.D. Professor of Medicine, Fellow, Institute of Aging, University of Pennsylvania Physician, Researcher and Author on Issues at the Intersection of Bioethics, Aging, and Neuroscience	1.0
9:15AM - 10: 15 AM	Session: 2 Tapping the Wellspring of Creativity Speaker: Anne Basting, Ph.D. Author, Artist, and Advocate for the Power of Creative Care Professor, University of Wisconsin	1.0
10:15AM - 11:15AM	Session 3: Optimizing Ketogenic Nutrition for Brain Health Speaker: Dominic D’Agostino, Ph.D. Associate Professor, Department of Molecular Pharmacology and Physiology, University of South Florida Morsani College of Medicine and Research Scientist at the Institute for Human and Machine Cognition	1.0
11:15AM - 12:15PM	EXHIBITS & BOOK SIGNING	
12:15 PM - 1:00PM	EXHIBITS & LUNCH (<i>Lunch is included for each full day early registration</i>)	
1:00PM - 2:00PM	Session 4: Social Prescriptions: An Alternative Treatment in Alzheimer’s Disease Speaker: Angel C. Duncan, PhDc, MA, MFT, ATR Specialist Adult Neurocognitive and Psychiatric Disorders, and Psychology with a focus in Gerontology Adjunct Professor, University of Tampa	1.0
2:00PM - 3:30PM	Session 5: Identifying and Staging Nine Dementias Speaker: Tam Cummings, Ph.D. Gerontologist, dedicated to “Untangling the complexities of dementia” Author and Educator	1.5
3:30PM - 4:00PM	Final Remarks, Symposium Evaluation, and Thank You	

SESSION INFORMATION

SPEAKERS



Jason Karlawish, M.D. Anne Basting, Ph.D. Dominic D'Agostino, Ph.D. Angel C. Duncan, PhD Tam Cummings, Ph.D.

Meet the speakers, each of whom is renowned and dynamic – visit: <http://dubincenter.com/symposium>

Session 1: Why Did Alzheimer's Disease Become a Crisis and What We Can Do About It

The Problem of Alzheimer's traces Alzheimer's from its beginnings to its recognition as a crisis. While it is an unambiguous account of decades of missed opportunities and our society and health care systems' failures to take action, it tells the story of the biomedical breakthroughs that may allow Alzheimer's to finally be prevented and treated by medicine and also presents an argument for how we can live with dementia: the ways patients can reclaim their autonomy and redefine their sense of self, how families can support their loved ones, and the innovative reforms we can make as a society that would give caregivers and patients better quality of life. **(1 contact hour)**

Speaker: Jason Karlawish, M.D

Professor of Medicine, Fellow, Institute of Aging, University of Pennsylvania

Physician Researcher and Author on Issues at the Intersection of Bioethics, Aging, and Neuroscience

Session 2: Tapping the Wellspring of Creativity

Basting shares both research and stories of the power of creativity and imagination to shape meaningful moments with and for people with dementia and their caregivers. The tools of the arts - whether sound, movement, words, or visual elements of color, line, or texture are part of an emotional and symbolic language that we can all speak, all the way to the end of life. Learn how to tap into your innate creativity to reduce stress and increase joy. **(1 contact hour)**

Speaker: Anne Basting, Ph.D.

Author, Artist, and Advocate for the Power of Creative Care, and

Professor University of Wisconsin

SESSION INFORMATION *Continued*

Session 3: Optimizing Ketogenic Nutrition for Brain Health

The session will focus on past and present research on nutritional ketosis, and how we can harness this physiological state to improve brain health and systemic biomarkers of metabolic health. How nutritional interventions alter metabolic physiology, and how ketones beta-hydroxybutyrate and acetoacetate influence cellular bioenergetics and confer protection through specific signaling pathways associated with neuroprotective function, suppression of inflammation and epigenetic regulation will be emphasized. Implementation strategies used in pre-clinical animal studies and human clinical trials will be discussed. **(1 contact hour)**

Speaker: Dominic D'Agostino, Ph.D.

*Associate Professor, Department of Molecular Pharmacology and Physiology, University of South Florida
Morsani College of Medicine and Research Scientist*

Session 4: Social Prescriptions: An Alternative Treatment in Alzheimer's Disease

This session provides an overview into social prescriptions and advancements in medical education and community programs designed for persons living with dementia and their care partners. Younger generations of those with a parent living with young-onset dementia, student health majors, and medical residents are beginning to understand the benefits of social medicine. Community program initiatives and medical providers that work together are increasing care empathy, supporting quality of life, and are striving to close the gap on societal stigmas. This session offers insights into the evolution of social prescribing as a method of excellence in care. **(1 contact hour)**

Speaker: Angel C. Duncan, PhD, MA, MFT, ATR

*Specialist Adult Neurocognitive and Psychiatric Disorders and Psychology with a focus in Gerontology Adjunct
Professor, University of Tampa*

Session 5: Identifying and Staging Nine Dementias

The difference between Dementia and Alzheimer's disease will be addressed. Case studies on Nine Common Dementias and Lobes of the Brain will be discussed, and the five most common dementias will be identified. Further emphasis will be placed on how memory works and the decline due to the death of brain cells, and how to stage a person with dementia. A variety of geriatric tools used in dementia care will be addressed, i.e., IQCODE, HAM-A, DBAT, GDS, PAINAD, etc., as well as behaviors in dementia, ADLS, approach and conversations. The session culminates in a Q&A; active participation will be encouraged. **(1.5 contact hours)**

*Speaker: Tam Cummings, Ph.D. Gerontologist, dedicated to "Untangling the complexities of dementia"
Author and Educator*

REGISTRATION INFORMATION

Registration is online at: <http://dubincenter.com/symposium>

REGISTRATION COST

Registration Cost is \$100.00 with 5.5 CEU's and includes breakfast, lunch, and an opportunity for book signing. \$50.00 without CEU's. Registration is limited to 200 and will continue until filled on a first come, first served basis.

REGISTRATION CANCELLATIONS AND REFUNDS

If it becomes necessary for you to cancel your registration, please notify The Dubin Center in writing before February 1, 2023). Your registration fee will be refunded, less a \$10 processing fee. Written cancellations/requests for refunds must include registrant's name, signature, return address, and the name of the person, company, or institution to which the refund check should be made payable.

CLIMATE, DRESS, AND DESTINATION: Fort Myers weather is very pleasant and sunny in March with highs typically from 78°F to 82°F. Usually, the temperature rarely falls below 69 °F or exceed 87 °F.

HOTEL OPTIONS

Embassy Suites – By Hilton, Fort Myers - Estero

www.fortmyers.embassysuites.com

10450 Corkscrew Commons Drive, Estero, FL 33928

Event Dates: February 28, 2023 - March 2, 2023

Book by: January 29, 2023

Rate & Rooms: 1 King Suite - \$289.00

[Click here to Book Online](#)

[Visit Website](#)

Direct: 239-444-5486 Hotel: 239-949-4222

Fax: 239-949-0505

Homewood Suites Airport/FGCU

Group: The Dubin Center

Group Code: BUC

Event Dates: February 28 – March 2, 2023

Book by: January 29, 2023

Rate & Rooms: 1 King Bed Studio Suite

Nonsmoking – \$239.00

[Click here to Book Online](#)

Call to Book: 239-210-7300 or 1-800-

HILTONS (Provide Group Code/Name)

Hilton Gardens Inn Fort Myers Airport/FGCU

16410 Corporate Commerce Way

Fort Myers, FL 33913

Group: 9th Annual Symposium Innovations

Group Code: ASIAC

Event Dates: February 28, 2023 – March 2, 2023

Book by: January 29, 2023

Rate & Rooms: 1 King Bed – \$219.00 | 2 Queen Beds – \$219.00

[Click here to Book Online](#)

Call to Book: 239-210-7200 or 1-800-HILTONS (Provide Group Code/Name)