

# Schedule of Events February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 10:00am Grief Support Group 12:00pm Savvy Support Group	<b>2</b> 2:00pm General Support Group	<b>3</b> 9:00am Support Group at Highpoint Cape Coral 2:00pm Memory Catchers Group
<b>6</b> 2:00pm Apart not Alone 5:30pm General Support Group	<b>7</b> 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class	<b>8</b> 12:00pm Savvy Support Group	<b>9</b> 10:00am Bonita Memory Café 10:00am FTD Support Group 2:00pm Dealing with Dementia	<b>10</b> 11:00am Support Group at Opal of Cape Coral
<b>13</b> 2:00pm Apart not Alone	<b>14</b> 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class 5:30pm General Support Group	<b>15</b> 12:00pm Savvy Support Group	<b>16</b> 10:30am FTD Support Group 2:00pm General Support Group 2:00pm Dealing with Dementia	<b>17</b> 2:00pm Memory Catchers Group
<b>20</b> 9:30am General Support Group at St. Columbkille 2:00pm Apart not Alone 5:30pm General Support Group	<b>21</b> 11:00am General Support Group	<b>22</b> 11:00am FM Presb. Housing Support Group 12:00pm Savvy Support Group	<b>23</b> 10:00am Dubin Center Memory Café	<b>24</b> 11:00am Support Group at Rose Garden of Fort Myers
<b>27</b> 10:30am Bonita Support Group at Hope Lutheran 2:00pm Apart not Alone	<b>28</b> 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class 5:30pm General Support Group			

In person events are indicated in light blue.

Savvy Support Group: Support group for those who have completed the SAVVY training course.

Grief Support Group: a group for caregivers that have recently lost their loved ones.

Memory Catchers: an engaging social activity held for those living with advanced stages of a dementia-related illness, while caregivers meet separately for their own support group meeting. RSVP required.

General Support Group: a support group open for all caregivers

Apart not Alone: a support group for caregivers with a loved one placed in a memory care facility

Early Stage Support Group: a support group for those recently diagnosed with a Dementia-related illness, as well as their caregivers. This group allows for a safe, stigma-free space for those living with Dementia to discuss their journey. Caregivers will meet separately for additional support.

Men's Support Group: a support group for male caregivers led by men

For Zoom links, please visit our website <https://dubincenter.com/support-groups>

# Locations for community in-person support groups

## **Highpoint at Cape Coral**

1701 Four Mile Cove Pkwy  
Cape Coral, FL 33990

link to Google Maps:

<https://goo.gl/maps/bbTdXzfRtAvNF6Ky5>

## **Opal at Cape Coral**

4920 Viceroy Ct  
Cape Coral, FL 33904

link to Google Maps:

<https://goo.gl/maps/Xr5KRNGYm3WBbD2J6>

## **Fort Myers Presbyterian Housing Community**

1925 Virginia Ave  
Fort Myers, FL 33901

link to Google Maps:

<https://goo.gl/maps/GPJwBSi8f8H75uNs8>

## **Hope Lutheran Church**

25999 Old 41 Rd  
Bonita Springs, FL 34135

link to Google Maps:

<https://goo.gl/maps/TwxtEHJ2W8QDQzDU9>

## **St. Columbkille Catholic Church**

12171 Iona Rd  
Fort Myers, FL 33908

link to Google Maps:

<https://goo.gl/maps/AuxktXZev8ExMcTm7>

## **The Rose Garden of Fort Myers**

2117 Earl Rd  
Fort Myers, FL 33901

link to Google Maps:

<https://goo.gl/maps/DZcPBQRVx5BZztJHA>