

Caregiver Support Group Schedule January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Dubin Center Closed	3 11:00am General Support Group	4 10:00am Grief Support Group 12:00pm Savvy Support Group 2:30pm Early Stage Support Group	5 2:00pm General Support Group	6 2:00pm Memory Catchers
9 2:00pm Apart not Alone 5:30pm General Support Group	10 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class	11 10:00am Support Group for Men 12:00pm Savvy Support Group	12 9:30am Grace Church Support Group 10:00am FTD Support Group 10:00am Bonita Memory Cafe 2:00pm Dealing with Dementia	13
16 9:30am General Support Group at St. Columbkille 2:00pm Apart not Alone	17 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class 5:30pm General Support Group	18 12:00pm Savvy Support Group 2:30pm Early Stage Support Group	19 10:00am Memory Cafe 10:30am FTD Support Group 2:00pm General Support Group 2:00pm Dealing with Dementia	20 2:00pm Memory Catchers
23 10:30am Bonita Support Group at Hope Lutheran 2:00pm Apart not Alone 5:30pm General Support Group	24 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class	25 10:00am Support Group for Men 11:00am FM Presb. Housing Support Group 12:00pm Savvy Support Group	26	27
30 2:00pm Apart not Alone	31 10:00am Savvy Class 11:00am General Support Group 2:00pm Savvy Class 5:30pm General Support Group			

In person events are indicated in light blue.

Savvy Support Group: Support group for those who have completed the SAVVY training course.

Grief Support Group: a group for caregivers that have recently lost their loved ones.

Memory Catchers: an engaging social activity held for those living with advanced stages of a dementia-related illness, while caregivers meet separately for their own support group meeting. RSVP required.

General Support Group: a support group open for all caregivers

Apart not Alone: a support group for caregivers with a loved one placed in a memory care facility

Early Stage Support Group: a support group for those recently diagnosed with a Dementia-related illness, as well as their caregivers. This group allows for a safe, stigma-free space for those living with Dementia to discuss their journey. Caregivers will meet separately for additional support.

Men's Support Group: a support group for male caregivers led by men

For Zoom links, please visit our website <https://dubincenter.com/support-groups>

Locations for community in-person support groups

Grace Church Cape Coral

13 SE 21st Pl

Cape Coral, FL 33990

link to Google Maps:

<https://goo.gl/maps/qxBNxHDLMvKgYmSy8>

Fort Myers Presbyterian Housing Community

1925 Virginia Ave

Fort Myers, FL 33901

link to Google Maps:

<https://goo.gl/maps/GPJwBSi8f8H75uNs8>

Hope Lutheran Church

25999 Old 41 Rd

Bonita Springs, FL 34135

link to Google Maps:

<https://goo.gl/maps/TwxtEHJ2W8QDQzDU9>

St. Columbkille Catholic Church

12171 Iona Rd

Fort Myers, FL 33908

link to Google Maps:

<https://goo.gl/maps/AuxktXZev8ExMcTm7>