

THE DUBIN CENTER

Where no one faces dementia alone.



your
gift
matters

Carl & Linda
Scharfenberg

WINTER 2023 NEWSLETTER

inside

see full article on page 5

According to the Florida Health Care Association, “Seniors will constitute the majority of Florida’s predicted population growth between now and 2030, and this boom means Florida will encounter elder issues in a way the state – already a longtime haven for retirees – has never seen before. Adding to that is the increasing rate in the number of people living with Alzheimer’s disease and related dementias.”

The problem: Florida has the second highest number of people with Alzheimer’s in the nation.



There are an estimated **12.5% of Floridians 65 and older** (579,900 people) living with the disease* per a new study published in the journal Alzheimer’s & Dementia.



The **majority (80%)** of people with Alzheimer’s disease and related dementias are receiving care by a family member.



This reflects nearly **75,000 people** living with all types of dementia in Southwest Florida.

Family caregivers (also known as care partners) of people with Alzheimer’s and related dementias **are at greater risk** for anxiety, depression, and poorer quality of life than caregivers of people with other conditions.

The Solution: The Dubin Center

The Dubin Center offers free support and education focused specifically on dementia for families.

Compassionately and confidentially supporting families affected by dementia since 1995.

Our mission is to achieve caregiver health, strength and resilience by providing education, information, hope and compassion.

Our IMPACT

SO FAR IN 2023...



Our mission is to achieve caregiver health, strength and resilience by providing education, information, hope and compassion.

700

Nearly 700 caregivers served.

479

479 attended support groups.

126

126 Savvy Caregiver graduates.

39

39 Dealing with Dementia graduates.

124

124 attended Memory Catchers offered for care partners and their significant others.

20

20 Memory Cafés were facilitated across Lee County.

Inspired

TO LEAVE A LEGACY

by Lynne Thorp, Executive Director



Carl Scharfenberg is a member of the Dubin Center Board of Trustees. He was also a Dubin Center client and care partner. Carl interviewed me when I applied for the position of Executive Director.

Since I accepted the position three years ago, Carl has volunteered visiting with caregivers in their homes, filmed a commercial for the center, helped the staff deliver care packages and launched the Men's Support Group in 2022!

He takes time to support each member of the Dubin Center team with an occasional letter or a book with words of support and encouragement and then, a couple of months ago, Carl sent me a letter telling me that he was leaving part of his estate to the Dubin Center! I had the opportunity to visit and interview with Carl and his wife Linda (whom he met in support groups years ago at the Dubin Center) in their home in Fort Myers.

How did you find out about the Dubin Center?

I lived close to the Dubin Center when it was located on McGregor Blvd. I went to the door several times before I ever knocked and went in. At first, I was not ready to ask for help. I have been married three times. My first wife died of breast cancer. My second wife died from Alzheimer's and my third wife, Linda, and I met at a support group at the Dubin Center.

Why and how do you volunteer your time to the Dubin Center?

As a graduate care partner, I know how difficult it can be. When I share my experiences with others, I am passing along things I have learned to help care partners take care of themselves and their spouses. At the same time, I am helping the Dubin Center fulfill their Mission.

What inspired you to leave a legacy gift?

I was doing some updating of our estate plan with our attorney and just thought this might be a way to help the Dubin Center reach more people Southwest Florida. Our home is the largest asset I have, and I arranged for that to go to my two daughters from my first marriage. When the house is sold, they will send 20 percent of the proceeds to the Dubin Center. I thought we could help the Center help more people with dementia. It is unusual because I cannot give the Dubin Center any dates or amounts until I pass away. I just know my daughters will see to it that the Dubin Center will get what their dad planned for the Center.

"What advice do you have for Caregivers (Care Partners)?"

Learn to say "Yes" when friends ask if they can help you. That can change your life! An offer to bring "Chicken Marsala" from one of my daughter's friends changed mine!!!

Thank you, Carl, for your support!

Please consider donating to the Dubin Center. Your support will help keep our services free of charge for families.

\$60

A donation of \$60 will pay for one Dealing with Dementia manual.

\$100

A donation of \$100 will pay for a Savvy Caregiver Book for 5 care partners.

\$250

A donation of \$250 will pay for one Savvy Caregiver attendee.



Donate online at dubincenter.com/circle-of-friends

Please consider supporting the center monthly by joining our Circle of Friends, founded by one of the Dubin Center support groups. All members will be listed in the newsletter and hosted at a special annual luncheon with the Executive Director in Fort Myers in the Spring 2024.



HOW TO Donate



Return the included envelope with your donation.



Call us at the center 239.437.3007



Visit us online at www.dubincenter.com/donate



Email us at info@dubincenter.com and we'll help you determine the best way for you to donate.

CORPORATE GIVING OPPORTUNITIES

2024 COMMUNITY PARTNER PROGRAM

Looking to make more **social impact?**
Become a partner with the Dubin Center!

Please join the Dubin Center as a partner and make a difference in the lives of caregivers, individuals and families affected by dementia. Your support will enable us to continue providing free education, resources and compassion to those who need it most and help YOU meet your corporate responsibility goals!



CHAMPION \$2,500

- Sponsor one six-week Savvy Caregiver course for 10 family caregivers. Includes a full color ad on back cover of Savvy Caregiver book and “sponsored by” on all promotional flyers and eblasts for the session.
- Your Community Name/Logo on the DubinCenter.com website and quarter page ad in newsletter.
- Half-day of individual Virtual Dementia Tour (VDT) experiences hosted at your business/community or sponsored by you and hosted at the Dubin Center.



FRIEND \$1,500

- Sponsor one Dealing with Dementia course for 8 family caregivers. Includes “sponsored by” on all promotional flyers and eblasts for the session.
- Half-day of individual Virtual Dementia Tour (VDT) experiences hosted at your business/community or sponsored by you at the Dubin Center.
- Your Community Name/Logo on the DubinCenter.com website and business card size ad in newsletter.



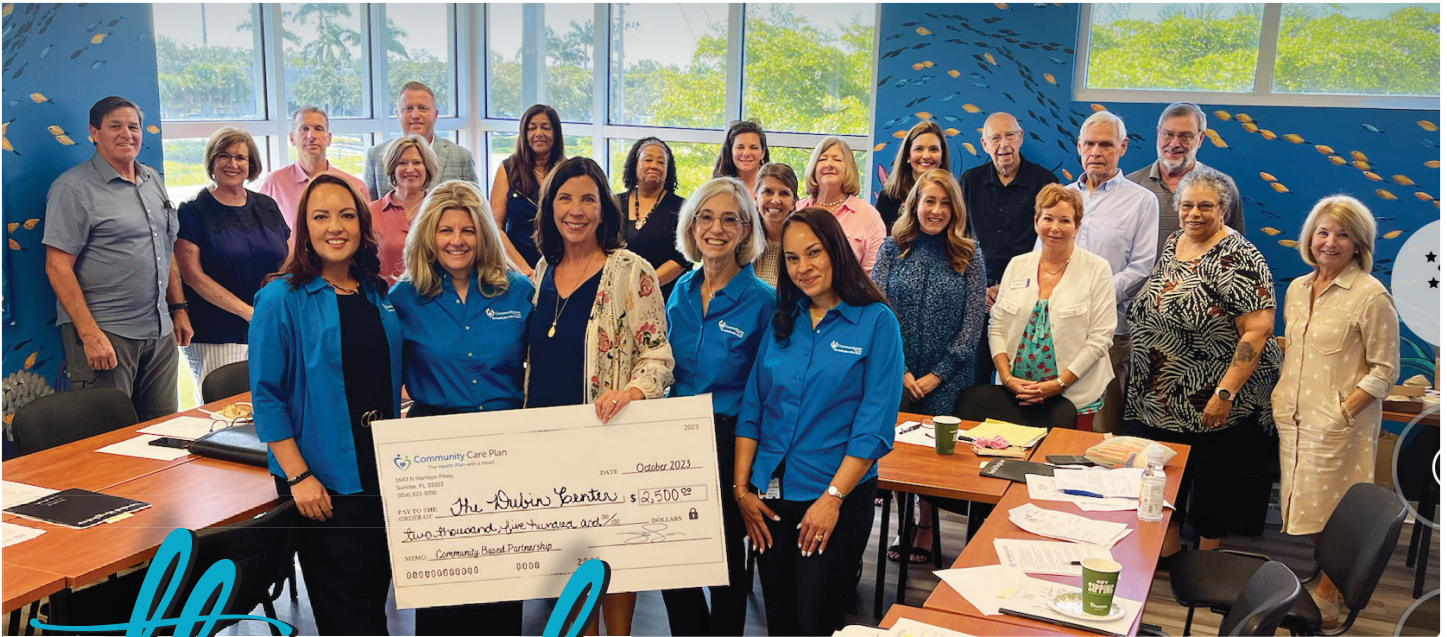
ADVOCATE \$500

- Your Community Name/Logo on the DubinCenter.com website and quarterly newsletter.

BECOME A PARTNER



Become a partner at dubincenter.com



Thank you

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Hosted by
Ellie Fox

A Light to Remember

January 18, 2024 | 6:00 - 7:00pm

RSVP to attend 239.437.3007

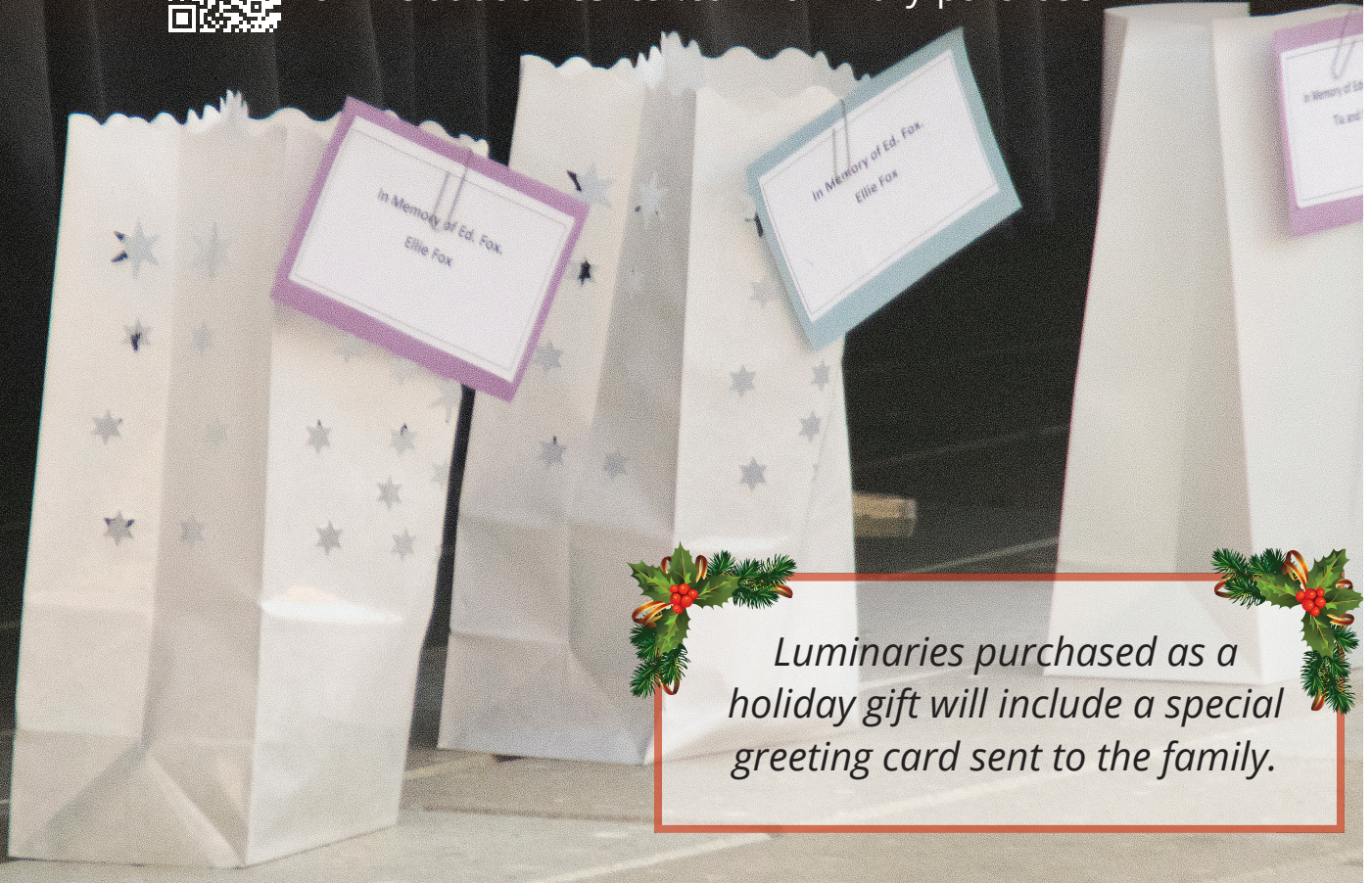
Bell Tower Shops, Fort Myers

LUMINARY \$25

LUMINARY 5/\$100



Scan the QR code to purchase a luminary or visit us
online at dubincenter.com/luminary-purchase



*Luminaries purchased as a
holiday gift will include a special
greeting card sent to the family.*

Living Well

AFTER YOUR DIAGNOSIS

Have you been diagnosed with early-stage dementia? You may be thinking, “now what?” or feeling unsettled or disoriented during this time of uncertainty.

The Dubin Center will be launching a new program in Spring 2024. Living Well After Your Diagnosis, will be a four-week class focusing on being intentional and proactive with your daily routine.

Each week will focus on a different topic that will provide immeasurable insight into how to adapt to challenges. The participant will have the opportunity to meet with others that are also living in the early stages of dementia and learn about the disease, discuss how they can actively participate in their own care and strive to live as fully as possible.

Registration is required. Please contact The Dubin Center at (239) 437-3007 to sign-up.

*“Dementia
doesn't rob
you of your
ability to
experience
joy or to be
happy.”*

Jonathon Evans, MD



Tempt your Palette

AT THE

27TH ANNUAL Brushstrokes

FROM THE SOUL



Select sponsors will host a display of delectable bites themed across five different art periods:



IMPRESSIONISM

Mediterranean Plates

POP ART

Traditional American

Renaissance

Italian Fare

MINIMALISM

Charcuterie

Romanticism

Desserts

Save THE Date

27th Annual

Brushstrokes from the Soul event

WHEN: March 7, 2024

TIME: 4:30-7:00pm

TICKETS: \$75

WHERE: Clive Daniel Showroom, Fort Myers

DRESS CODE: Coastal Casual



Visit us online at dubincenter.com/brushstrokes-from-the-soul to become a sponsor or to purchase tickets.

HOW TO PARTICIPATE

Art is created by individuals in southwest Florida who are living with a dementia related condition, donated to the center and custom framed to be entered into the exhibition. The artwork will be on display at the new Clive Daniel Showroom in Fort Myers which is open to the public. The exhibit will end with an auction and reception on Thursday, March 7th from 4:30-6:30pm.

For community partners interested in participating, please reach out to Jaimee Thompson, Committee Chair at jaimee@abbservices.com or Thea Cernohous, Operations Manager at info@DubinCenter.com.

If you are interested in sponsorship opportunities, please contact the center at 239-437-3007. Thank you for your participation; we look forward to another great celebration.

FREE
Weekly
Art Classes

at the Dubin Center
to register call
239-437-3007

27TH ANNUAL
Brushstrokes
FROM THE SOUL



12685 New Brittany Boulevard
Fort Myers, Florida 33907
239-437-3007 | Dubincenter.com

Thank you
for your donation.
We cannot provide
these important
services without your generosity.



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